



Panel

Empowering Long-Term Urban Resilience and Prosperity

Fostering A Regenerative Economy in
European Cities

Panelist: Carlo Sessa - EMEA

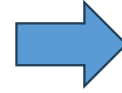


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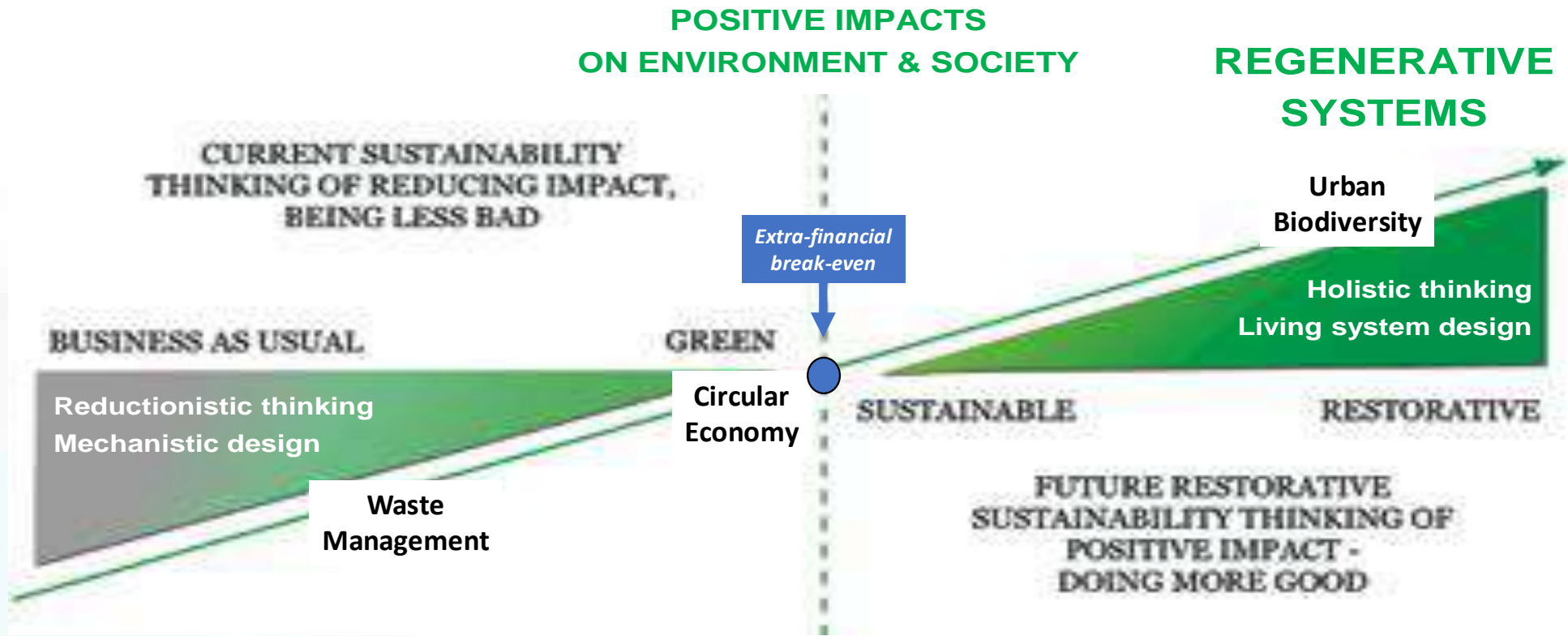


Regenerative Economy Concept: Doing More for Our and Planet Quality of Life

SUSTAINABILITY 1.0 – Doing Less Bad



SUSTAINABILITY 2.0 – Doing More Good



DEGENERATIVE SYSTEMS

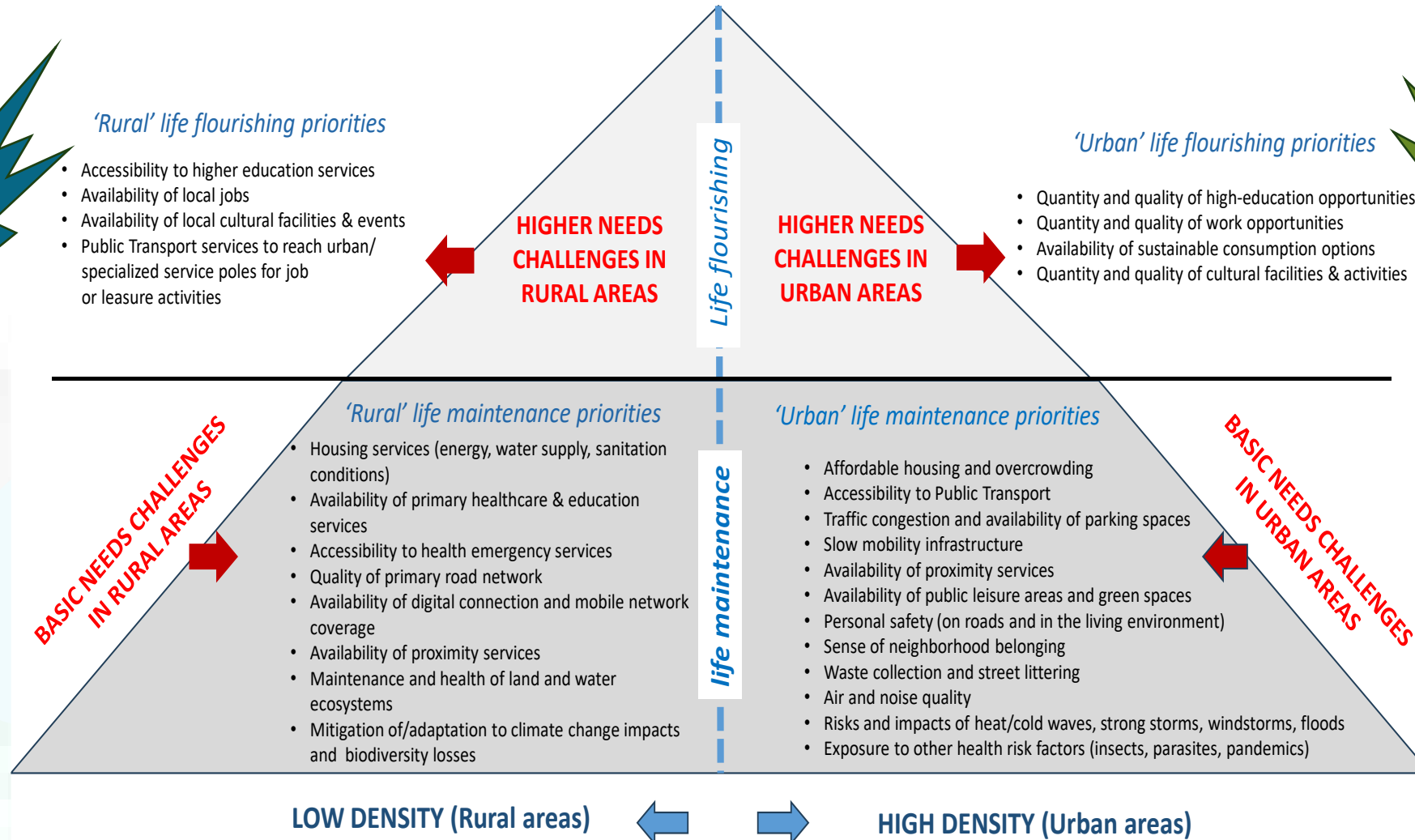
NEGATIVE IMPACTS ON ENVIRONMENT & SOCIETY

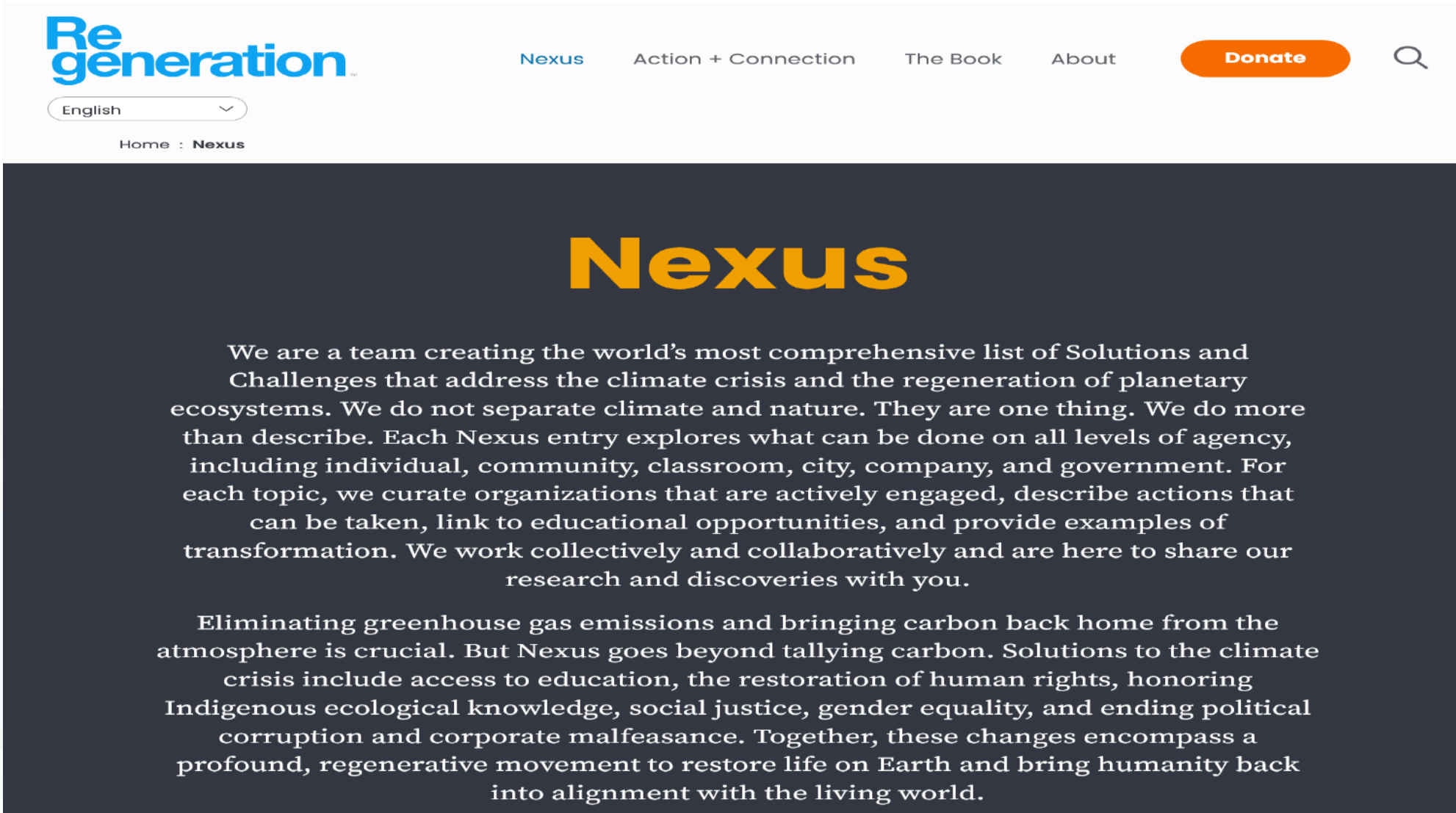
Quality of Life Enablers in Urban and Rural areas

(ESPON QoL applied research)

Integrating Territorial Quality of Life priorities in sectoral and spatial planning

(potential priorities for residents living in low/high density areas identified in the ESPON QoL Alpine Space study)





Regeneration

Nexus Action + Connection The Book About [Donate](#) 🔍

English

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Nexus

We are a team creating the world's most comprehensive list of Solutions and Challenges that address the climate crisis and the regeneration of planetary ecosystems. We do not separate climate and nature. They are one thing. We do more than describe. Each Nexus entry explores what can be done on all levels of agency, including individual, community, classroom, city, company, and government. For each topic, we curate organizations that are actively engaged, describe actions that can be taken, link to educational opportunities, and provide examples of transformation. We work collectively and collaboratively and are here to share our research and discoveries with you.

Eliminating greenhouse gas emissions and bringing carbon back home from the atmosphere is crucial. But Nexus goes beyond tallying carbon. Solutions to the climate crisis include access to education, the restoration of human rights, honoring Indigenous ecological knowledge, social justice, gender equality, and ending political corruption and corporate malfeasance. Together, these changes encompass a profound, regenerative movement to restore life on Earth and bring humanity back into alignment with the living world.

Regenerative practices and solutions in the ecosphere

(Source: www.regeneration.org)

Land

[Degraded Land](#)

[Restoration](#)

[Enhanced Weathering](#)

[Freshwater](#)

[Fungi](#)

[Hemp](#)

[Land Protection](#)

[Pastoralism](#)

[Rainmakers](#)

Forests

[Afforestation](#)

[Agroforestry](#)

[Bamboo](#)

[Boreal Forests](#)

[Fire Ecology](#)

[Peatlands](#)

[Proforestation](#)

[Tropical Forests](#)

Oceans

[Coral Reefs](#)

[Mangroves](#)

[Marine Protected Areas](#)

[Seaforestation](#)

[Seagrasses](#)

[Seaweed Farming](#)

[Tidal Salt Marshes](#)

Wilding

[Beavers](#)

[Grasslands](#)

[Insects](#)

[Keystone Species](#)

[Nature Connection](#)

[Pollinators](#)

[Rewilding](#)

[Wetlands](#)

[Wildlife Corridors](#)

Food

[Agroecology](#)

[Animal Integration](#)

[Aquaculture](#)

[Asparagopsis](#)

[Azolla Fern](#)

[Clean Cookstoves](#)

[Compost](#)

[Food Apartheid](#)

[Localization](#)

[Perennial Crops](#)

[Plant Diversity](#)

[Regenerative Agriculture](#)

[Silvopasture](#)

[System of Rice](#)

[Intensification](#)

[Vermiculture](#)

[Wasting Nothing](#)

[Women and Food](#)

The City

[Buildings](#)

[Carbon](#)

[Architecture](#)

[Clothing](#)

[Cooperatives](#)

[Fifteen-Minute City](#)

[Girls Education](#)

[Green Cement](#)

[Nature of Cities](#)

[Net Zero Cities](#)

[Urban Farming](#)

[Urban Mobility](#)

Transportation

[Electric Vehicles](#)

[Micromobility](#)

Energy

[Agrivoltaics](#)

[Biogas](#)

[Electrify Everything](#)

[Energy Storage](#)

[Geothermal](#)

[Green Hydrogen](#)

[Heat Pumps](#)

[Hydropower](#)

[Microgrids](#)

[Onsets](#)

[Solar](#)

[Wave and Tidal](#)

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[Wind](#)

Other challenges

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